

Department Highlight of the Month



Housing

The Sipekne'katik Housing Department is responsible for providing housing to our band members. They undertake property management for all band-owned housing units, including construction, renovations and maintenance.

Meet the Team



Vernon Maloney Jr.
Housing Manager

Barry Brooks
Field Supervisor

Keith Paul Jr.
Housing Receptionist

PJ Syliboy
Field Supervisor

Sheila Cook
Housing Assistant/Clerk

Frank Marble
Housing Assistant/Clerk

Sipekne'katik Housing Department and its projects are currently supported by 12 carpenters.

Project Updates

INSTALLATION OF 15 NEW HOMES

Work is underway to have these homes placed and finished. Four homes are currently being placed at 59 Meadow Drive and foundations are slated to be prepared for the remaining homes.

RAPID HOUSING PROJECT - MIMIKEJ SUBDIVISION

We are excited to share that the Rapid Housing Project at Mimikej Subdivision is nearing completion and is currently in its final stages.

ROOFING REPAIR PROJECT

In December of 2022 a list of Sipekne'katik homes that had been subject to damage from Hurricane Fiona was submitted to the Federal Government for support. 148 homes in Sipekne'katik will receive a new metal roof, and new gutters. The roofs are to be completed no later than April 2025. Letters have been sent via mail to homes that are receiving a new roof.

IN ADDITION TO THESE PROJECTS, THE SIPEKNE'KATIK HOUSING DEPARTMENT ALSO FACILITATES RRAP AND DISABILITY RRAP PROGRAMS, TENDS TO IMMEDIATE AND MAJOR RENOVATIONS, HANDLES PLUMBING, ELECTRICAL, AND HEAT PUMP SERVICES, SNOW REMOVAL, AND MORE.



CALL FOR CONTRACTORS

With so many projects underway, and more projects on the horizon Sipekne'katik would like to compile a list of community based contractors that may be interested in working alongside our teams on these endeavors.

This includes but is not limited to:

- ✓ Construction Companies
- ✓ Excavation Companies
- ✓ Contractors
- ✓ Heavy Equipment Operators



IF YOU OR YOUR COMPANY WOULD LIKE TO BE ADDED TO THIS LIST PLEASE CONTACT

Sipekne'katik Housing Department
902-236-3025

MANY HOUSING EFFORTS ARE TAKING PLACE IN SIPEKNE'KATIK. TO PROVIDE MORE HOMES FOR OUR COMMUNITY, WE ARE LOOKING FOR LOCATIONS TO PLACE THESE HOMES.

WE ARE RUNNING LOW ON READY-TO-BUILD LOTS RIGHT NOW. CHIEF & COUNCIL HAVE BEEN IN DISCUSSION SINCE FALL 2023 CONCERNING THE LACK OF LOTS. CURRENTLY, WE NEED 15 LOTS AND MORE FOR FUTURE BUILDS TAKING PLACE THIS YEAR, AS NEW SUBDIVISIONS (TOP OF BURMA, TOWER-POPLAR) WILL NOT BE READY UNTIL SOMETIME IN 2025.

IF YOU ARE CURRENTLY HOUSED IN INDIAN BROOK AND HAVE A HOME WITH LARGE SPACE AND ARE OPEN TO ONE OF THE OPTIONS BELOW, PLEASE CONTACT US.

OPTION A

I HAVE A LARGE SPACE NEAR MY HOME AND AM OPEN TO SIPEKNE'KATIK FIRST NATION PLACING A BAND OWNED HOME ON IT.

OPTION B

I HAVE A LARGE SPACE NEAR MY HOME AND AM OPEN TO SIPEKNE'KATIK FIRST NATION PLACING A SMALLER BAND OWNED HOME ON IT IF I CAN RELOCATE TO THE NEW SMALLER HOME (DOWNSIZE) AND PASS MY EXISTING HOME ON TO MY CHILDREN/FAMILY THAT NEED IT.

PLEASE CONTACT THE SIPEKNE'KATIK HOUSING DEPARTMENT BY EMAIL AT VMALONEY@SIPEKNEKATIK.CA AND CC: MICHELLEGLASGOW@SIPEKNEKATIK.CA IF YOU ARE OPEN TO ONE OF THESE OPTIONS.



Month at A Glance

*Please be aware that events, dates, and times may be subject to change. Events may be added after the publication of this newsletter or may be cancelled due to reasons beyond our control. The best way to stay up to date on all things Sipekne'katik is downloading the Sipekne'katik Smoke Signals app.

1 GED CLASSES 9:00AM-12:00PM Sipekne'katik Administrative Building	8 GED CLASSES 9:00AM-12:00PM Sipekne'katik Administrative Building	16 BEADING GROUP 6:00PM-9:00PM Sipekne'katik Administrative Building
1 MI'KMAQ CLASSES 6:00PM-9:00PM Sipekne'katik Administrative Building	8 MI'KMAQ CLASSES 6:00PM-9:00PM Sipekne'katik Administrative Building	17 ELDERS GROUP 11:30PM-1:00PM Sipekne'katik Health Centre
2 BEADING GROUP 6:00PM-9:00PM Sipekne'katik Administrative Building	9 BEADING GROUP 6:00PM-9:00PM Sipekne'katik Administrative Building	17 MI'KMAQ CLASSES 6:00PM-9:00PM Sipekne'katik Administrative Building
3 ELDERS GROUP 11:30PM-1:00PM Sipekne'katik Health Centre	10 ELDERS GROUP 11:30PM-1:00PM Sipekne'katik Health Centre	18 GED CLASSES 9:00AM-12:00PM Sipekne'katik Administrative Building
3 MI'KMAQ CLASSES 6:00PM-9:00PM Sipekne'katik Administrative Building	10 MI'KMAQ CLASSES 6:00PM-9:00PM Sipekne'katik Administrative Building	19 BABY & ME/TINY TOTS 10:00AM-12:00PM ASHOR Building
4 GED CLASSES 9:00AM-12:00PM Sipekne'katik Administrative Building	11 GED CLASSES 9:00AM-12:00PM Sipekne'katik Administrative Building	20 YOUTH VOLLEYBALL DEVELOPMENT 1:30PM-3:30PM Sipekne'katik Community Centre
4 MAWIO'MI'JI'J 9:00AM-4:00PM Sipekne'katik Community Centre	12 BABY & ME/TINY TOTS 10:00AM-12:00PM ASHOR Building	20 COMMUNITY VOLLEYBALL LEAGUE Start at 4:00PM Sipekne'katik Community Centre
5 BABY & ME/TINY TOTS 10:00AM-12:00PM ASHOR Building	13 COMMUNITY VOLLEYBALL LEAGUE Start at 4:00PM Sipekne'katik Community Centre	22 GED CLASSES 9:00AM-12:00PM Sipekne'katik Administrative Building
6 BLACK ASH WOODEN FLOWER WORKSHOP 9:00AM-2:00PM Sipekne'katik Administrative Building	15 GED CLASSES 9:00AM-12:00PM Sipekne'katik Administrative Building	22 MI'KMAQ CLASSES 6:00PM-9:00PM Sipekne'katik Administrative Building
6 YOUTH VOLLEYBALL DEVELOPMENT 1:30PM-3:30PM Sipekne'katik Community Centre	15 MI'KMAQ CLASSES 6:00PM-9:00PM Sipekne'katik Administrative Building	23 PRE K REGISTRATION By appointment only. ASHOR Building
6 COMMUNITY VOLLEYBALL LEAGUE Start at 4:00PM Sipekne'katik Community Centre	16 ABORIGINAL HEADSTART REGISTRATION By appointment only. ASHOR Building	23 BEADING GROUP 6:00PM-9:00PM Sipekne'katik Administrative Building

Contact Us

If you have any questions or concerns about the events listed above, please contact the respective department.

HEALTH

RESIDENTIAL SCHOOL SUPPORT

EMPLOYMENT & TRAINING

FITNESS & REC

LSK

902-758-2063

902-919-8074

902-758-3372

902-236-3020

902-236-3041

Month at A Glance

24 ELDERS GROUP 11:30PM-1:00PM Sipekne'katik Health Centre	26 BABY & ME/TINY TOTS 10:00AM-12:00PM ASHOR Building	29 GED CLASSES 9:00AM-12:00PM Sipekne'katik Administrative Building
24 MI'KMAQ CLASSES 6:00PM-9:00PM Sipekne'katik Administrative Building	27 YOUTH VOLLEYBALL DEVELOPMENT 1:30PM-3:30PM Sipekne'katik Community Centre	29 MI'KMAQ CLASSES 6:00PM-9:00PM Sipekne'katik Administrative Building
25 GED CLASSES 9:00AM-12:00PM Sipekne'katik Administrative Building	27 COMMUNITY VOLLEYBALL LEAGUE Start at 4:00PM Sipekne'katik Community Centre	30 LSK PRIMARY REGISTRATION By appointment only. L'nu Sipuk Kinda'muokuom School
*Please be aware that events, dates, and times may be subject to change. Events may be added after the publication of this newsletter or may be cancelled due to reasons beyond our control. The best way to stay up-to-date on all things Sipekne'katik is downloading the Sipekne'katik Smoke Signals app.		30 BEADING GROUP 6:00PM-9:00PM Sipekne'katik Administrative Building

LITTLE EAGLES DAYCARE
WILL BE HAVING
WACKY WEEK

APRIL 15TH-19TH

MORE INFORMATION
WILL BE SENT TO PARENTS/GUARDIANS
FROM WENDY

LITTLE EAGLES DAYCARE
WILL BE HAVING
A NEW PLAYGROUND
INSTALLED THE LAST
WEEK OF APRIL.

COMMUNITY IS WELCOME
TO COME PLAY, AND TRY
OUT THE NEW
PLAYGROUND.



2024
HEALTH SCREENINGS & SCHOOL
REGISTRATION EVENTS

Each of these events will provide an opportunity to check on your child's hearing, speech/language, nutrition, oral health, and healthy development.

Gift Cards/Door Prizes are available for attendees.

ABORIGINAL HEADSTART
WELLNESS DAY

FOR CHILDREN BORN IN 2021
TUESDAY, APRIL 16TH, 2024

ASHOR BUILDING
(NEXT TO LSK)

TO BOOK AN APPOINTMENT
CALL ANDREA BROOKS
902-758-3945

PRE K REGISTRATION &
HEALTH SCREENING

FOR CHILDREN BORN IN 2022
TUESDAY, APRIL 23RD, 2024

ASHOR BUILDING
(NEXT TO LSK)

TO BOOK AN APPOINTMENT
CALL LYN SACK
902-758-4593

LSK PRIMARY REGISTRATION
& HEALTH SCREENING

FOR CHILDREN BORN IN 2019
TUESDAY, APRIL 30TH, 2024

LSK SCHOOL

TO BOOK AN APPOINTMENT
CALL LSK
902-236-3041 OR
EMAIL

SJULIANBROOKS@SIPEKNEKATIK.CA



SIPEKNE'KATIK RECREATION CO-ED **COMMUNITY VOLLEBALL LEAGUE**



STARTING APRIL 6TH, 2024

- GAMES TAKE PLACE SATURDAYS AT 4:00PM
- TEAMS WILL BE DRAFTED FOR FAIRNESS
- PLEASE BE ADVISED THIS IS A PILOT PROGRAM
- SEASON WILL RUN APRIL 2024-JUNE 2024
- PLAYER REGISTRATION IS OPEN UNTIL APRIL 2ND, 2024
- TEAMS WILL BE SCHEDULED TO PLAY ONCE A WEEK ON SATURDAYS AT 4:00PM, 5:00PM, 6:00PM

IF YOU'D LIKE TO PARTICIPATE IN THE LEAGUE PLEASE CONTACT LOGAN GEHUE VIA FACEBOOK OR BY EMAIL AT LOGANGEHUE@SIPEKNEKATIK.CA

YOUTH VOLLEYBALL DEVELOPMENT

Saturdays 1:30pm - 3:30pm
STARTS APRIL 6th 2024
CO-ED
Youth in Grades 6 - 12
All levels of experience
DROP-IN

For more information Contact
Brooke Willis (902) 751 1172

SIPEKNE'KATIK WALKING CLUB

10,000 STEPS = ONE BALLOT

DAILY
7 DAYS A WEEK

MONDAY - FRIDAY
6:00AM-9:00AM

SATURDAY & SUNDAY
10:00AM-12:00PM

EVERY 10,000 STEPS EARNS YOU A BALLOT TO BE ENTERED INTO THE MONTHLY DRAW. SCREEN SHOTS/PHOTOS CAN BE SENT TO RITA SACK VIA EMAIL

ritasack@sipeknekatik.ca

WIN!
MONTHLY DRAW
OF GIFTCARDS



KWE'

Introducing - The



Kwe'

I am delighted to extend a warm welcome to each member of our new Sipekne'katik Family Well Being Program as we begin this collective journey.

My name is Bobbie-Jo Bernard, and I am the director of the Sipekne'katik Family Well-Being Program. As we all know, family is the foundation of our community, and the opportunity to work on a program dedicated to preserving family well-being fills me with immense joy and enthusiasm. With a background in social work, I am eager to contribute my skills and knowledge to the success of our program.

Warm regards,
Bobbie-Jo Bernard BA, BSW, RSW
BOBBIEJOBERNARD@SPEKNEKATIK.CA

WUTANM

(woodon-um)

Belonging to my community.

NIKMAQ

(niq-a-maw)

My kin-friend or relation.

Sipekne'katik Family Well Being Program

JENNIFER MALONEY Wutanm Support Worker

Hello everyone,

I am Jennifer Maloney, the new Wutanm Support Worker for our community. After working in related fields for several years throughout Mi'kma'ki, I am excited about this new adventure and finally being able to give back to my community. I look forward to being a liaison and a comforting presence for our people when it comes to culture, services, and programming that we as a community can benefit from.

JENNIFERMALONEY@SIPEKNEKATIK.CA

GLORIA MERASTY Nikmaq Support Worker

Hello,

My name is Gloria Merasty and I am from Flying Dust First Nation in Meadow Lake, Saskatchewan. I have a 14-year-old son and have been living in Nova Scotia since 2001. I am excited to announce that I am one of the Nikmaq Support Workers in the Sipekne'katik Family Well Being Program. Our focus is to strengthen families, encourage healthy relationships, and promote positive parenting skills using cultural-based resources. We look forward to connecting with you all on this new journey.

Wela'lin

GLORIAMERASTY@SIPEKNEKATIK.CA

AUDREY ROSE PAUL Wutanm Support Worker

Hello Sipekne'katik,

My name is Audrey Rose Paul and I am happy to announce that I am a Wutanm Support Worker for the Sipekne'katik Family Well Being Program. I am passionate about cultural traditions and teachings, advocacy for community members with diverse needs, and being a mother. As a band member who was born and raised in Sipekne'katik I am honoured to be part of this program that is being designed by us and for us.

AUDREYPAUL@SIPEKNEKATIK.CA

HANNAH SIMON Administrative Assistant

Hello,

My name is Hannah Simon and I serve as the Administrative Assistant for the Family Well Being Program. I was born and raised in Massachusetts, but two years ago I made the decision to relocate to Sipekne'katik so that I could be more connected to my culture. I am the proud mother of a one year old boy, and as a mother and community member, I am eager to contribute to supporting families in our community in any way that I can.

HANNAHSIMON@SIPEKNEKATIK.CA



SIPEKNE'KATIK FAMILY WELL BEING PROGRAM & SIPEKNE'KATIK COMMUNICATIONS PRESENT THE COLOUR & CREATIVITY INITIATIVE

PROVIDING ART SUPPLIES FOR SIPEKNE'KATIK YOUTH AGES 18 AND UNDER.

AGES 3 AND UNDER



AGES 4 - 10



AGES 11 - 18



TO WIN AN ART SUPPLY PRIZE BUNDLE

Colour the colouring sheet found on the final page of this newsletter.

Be sure to fill out your name and age on the top of the colouring sheet.

Return the colouring sheet to the front desk of Sipekne'katik Band Office before the end of each month.

Community members who reside off community can print paper copies of the newsletter from our website, and send a clear photo to communications@sipeknekatik.ca before month end to enter.

Each month one winner for each age category will be selected to receive an art supply bundle.

Check back each month to find a new colouring sheet, and to see who our lucky winner was.

At the end of 2024 all submissions will be digitized and used to create calendars to be given to Sipekne'katik community members, as well as pole banner flags where the participants and their friends and family can view the youth's work on display throughout the community.

We hope this initiative can help provide artistic inspiration for the youth of Sipekne'katik.



SIPEKNE'KATIK
FOOD
PANTRY

OPEN
EVERY
FRIDAY

12:00PM-1:00PM ELDERS
1:00PM-3:00PM GENERAL PUBLIC

FOR MORE INFORMATION AND UPDATES
SEARCH FOR THEIR FACEBOOK GROUP
'SIPEKNE'KATIK FOOD PANTRY'



CLEAN UP
SIPEKNE'KATIK

SIPEKNE'KATIK NATIVE EMPLOYMENT OFFICE IS LOOKING FOR INDIVIDUALS INTERESTED IN WORKING ON CLEANING UP OUR COMMUNITY.

THIS OPPORTUNITY IS OPEN TO INDIVIDUALS:

- BETWEEN THE AGES OF 15-30
- NOT CURRENTLY ENROLLED IN SCHOOL
- CURRENTLY UNEMPLOYED
- HAS A VALID STATUS NUMBER

PLEASE NOTE LIMITED SPACES ARE AVAILABLE

IF INTERESTED PLEASE CONTACT THE SIPEKNE'KATIK NATIVE EMPLOYMENT OFFICE AT 902-758-4050 OR DROP BY AND VISIT THEM IN OFFICE LOCATED AT SIPEKNE'KATIK ADMINISTRATIVE BUILDING (BEHIND THE BAND OFFICE)



Europe Bound

This March break, grade 12 students from Hants East Rural High had the opportunity to experience a trip of a lifetime. Over 50 students and staff spent 12 days traveling from Verona, Murano, Burano, Venice, Florence, Assisi, Rome, Sorrento, Capri and London. This trip included 8 Sipekne'katik community members: Charlize Francis, Sydney Mason, Houston Maloney, Phoebe Gehue, Melaina Maloney, Iailah Anderson, Kyston Sack and Michael Julian.



March Break Camp 2024

This March Break, the Sipekne'katik Sports & Recreation Department and Sipekne'katik Youth Centre joined together to host March Break Day Camp. The week included lots of fun and educational experiences for kids of all ages. The highlights of the week were: bowling, Dalhousie supernova science day, a trip to Cineplex to see Kung Fu Panda 4, a trip to the Discovery Centre, Hop Skip Jump Playplace, and Playdium Arcade. A huge thanks to everyone who made this week possible for our communities little ones!



IF YOU HAVE AN EVENT OR MILESTONE YOU WOULD LIKE HIGHLIGHTED IN THE MAY ISSUE OF THE SIPEKNE'KATIK SPOTLIGHT PLEASE CONTACT SIPEKNE'KATIK COMMUNICATIONS

communications@sipeknekatik.ca

WE JOYFULLY INVITE YOU TO JOIN US FOR MASS THIS

EASTER

St. Kateri Tekakwitha Church

Sunday, March 31, 2024 at 10:00 AM

509 Church St, Micmac NS B0N 1W0



NEW TO RELIGION?
Watch "Why a God?"



NEW TO CHRISTIANITY?
Watch "Who is Jesus?"



NEW TO CATHOLICISM?
Watch "Why a Church?"

Easter Sunday Mass Time
10:00 A.M.

Divine Mercy Sunday, April 7th
10:00 A.M.

Sunday Mass Times Throughout the Easter Season
10:00 A.M.

Fr. Phil: (902) 802-0914

Website: www.icctruro.org

Contact Us At:
Immaculate Conception Parish
669 Prince Street, Truro
NS B2N 1G5

Phone: (902) 893-7188
Email: office@icctruro.org



Mawio'mi'ji'j

Mi'kmaw Health and Wellness Gatherings
Spring 2024



Tajikeimik and Health Directors
are hosting mawio'mi'ji'j events for the
13 Mi'kmaw communities across Nova Scotia.

Community members... join us to:

- Learn about the new health and wellness organization for Mi'kmaw in Nova Scotia
- Be a voice in shaping our very own health and wellness organization
- Gather to celebrate the start of the health transformation journey!

Talking Circles
Door Prizes
Lunch & Snacks!

Grand Prize:

\$500

Walmart Gift Card!

Sipekne'katik First Nation Members
Indian Brook Community Centre & Gym

Thursday, Apr. 4
9:00 am to 4:00 pm

Please register so we can plan for food and space:
online at bit.ly/3I5pJTO or call 902-304-7222

Tiny Tots – Baby and Me Play Group



Head Start and Maternal Child Health is offering a parent support and education program for parents with young children (0-3yrs).

- Where: Head Start Building
- When: **Friday 10:00-12:00**
- Topics:

Jordan's Principle- April 5

Public Health - April 12

Translating Emergency Knowledge for Kids – April 19

Public Health – April 26

Please call Peggy O'Reilly or Andrea Brooks for more information.

Maternal Child
Health Program

First Nations Communities On-Reserve



MEMBERS OF

**SIPEKNE'KATIK
FIRST NATION**

**NEVER MISS
AN UPDATE**

GET THE APP

The app uses state-of-the-art technology to notify SFN members of breaking news, documents, videos, and events, instantly delivered via push notifications.



HOW TO GET THE APP

- 1 Scan the QR code above or visit the App Store or Google Play Store and Search 'Sipekne'katik Smoke Signals'
- 2 Tap 'Register' under 'Member Login'
- 3 Fill out your information and press 'Register'
- 4 Click the verification link in your email address

- NEWS
- EVENTS
- SURVEYS
- JOB OPENINGS

Download the free app today

NAME: _____

AGE CATEGORY: 0-3 4-10 11-18

PHONE: _____



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@Hawlii Pichette