

A HISTORY OF THE *Sipekne'katik Christmas Parade*

The annual Sipekne'katik Christmas Parade has become a holiday staple for our community, but how did it come to exist?

With a (somewhat) simple mission, shares Elle Michael, whose father was one of the founders of the parade.

The mission? To get Elle and the other young children of Indian Brook to head to bed on Christmas Eve.

It was 1980 (or 1981) when Stephen Michael, Frankie Nevin, and Bernie (Bimbo) Syliboy came together to form the first Sipekne'katik Christmas Parade. **At the time it was called the *Santa Run*.**

The 'Santa Run' consisted of Stephen Michael's RCMP Cruiser, a fire truck driven by Bernie Syliboy- who was Fire Chief at the time, and Frank Nevin Sr. as Santa Claus. He would climb atop the firetruck and wave and greet those who gathered for the parade. The firetruck was usually followed by another RCMP Cruiser.

When you heard the sirens sounding you knew Santa was approaching, and after they passed **it was a signal that** *Christmas had begun.*



Source - April Maloney

As the years passed the Santa Run expanded. The ladies of Saint Anne would hand out candy. They upgraded Santa to a trailer to sit atop of.

We would be remiss to not mention the core memory of so many Sipekne'katik members - the years that Russell Julien as Santa arrived via helicopter.

The parade as we know it today is a culmination of hard work by Indian Brook Volunteer Firefighters, their families, volunteers/community members, and various Sipekne'katik Departments. Wela'liog to all that come together each year to create this magical event for our community.

We want to hear from you!

Let us know what you would like to see in upcoming issues by contacting our Sipekne'katik Communications Department.

 communications@sipeknekatik.ca



Source - April Maloney

KESIKEWIKU'S 2023 KEPTEKEWIKU'S RECAP



Sara-Lynne Knockwood was inducted into the Nova Scotia Sport Hall of Fame on Saturday, November 25th, 2023. She was presented her plaque by Stuart Knockwood, Director of Administration and her pin by Brian Francis.



Sipekne'katik Fitness and Recreation Department hosted another successful Volleyball Tournament on November 17th, 18th, and 19th. Kiss my Pass (pictured above) took first place.



Sipekne'katik Education Department hosted a Quill Poppy Workshop on November 4th, and a Quill Box Workshop on November 17th.

Marie Francis, Duma Francis, and Carol Busby are pictured with their completed projects.

Keep an eye out for upcoming workshops!



Thank you to Bobbie-Jo McDonald who organized yet another successful Sipekne'katik Christmas Craft Fair! Approximately 30 vendors gathered to sell their goods.

Thank you to all who joined us and showed their support to our vendors.



In November the Sipekne'katik Health Department partnered with Nova Scotia Public Health to bring two Immunization Clinics to the community.

These clinics administered: 29 High Dose Flu Immunizations (65 years and over), 84 Flu Immunizations (6 months-64 years), and 74 Covid Immunizations (6 months and over).

We would like to thank the public health nurses and administrative staff for their ongoing support.



Sipekne'katik Prevention Program sponsored a Snow Suit Giveaway where we provided 300 Snow Suits for youth in the community.

Chief and Council members, Fitness and Recreation staff, Youth staff, and POSSE team members came together over two days to distribute the Snow Suits.

Sipekne'katik Recreation Staff, Sara-Lynne Knockwood, and Chief Michelle Glasgow attended the NS Sport Summit.





1 **BABY & ME**
10AM-12PM
Aboriginal Head Start Building

1 **SENIORS CHRISTMAS DINNER**
5:00PM-10:00PM
Doors open at 4:30PM.
Sipekne'katik Multi-Purpose Centre

2 **FAMILY SKATE**
2:00PM-3:20PM
Don Henderson Memorial Sportsplex 

4 **COVID-19 & INFLUENZA IMMUNIZATION CLINIC**
9:00AM-3:30 PM
Sipekne'katik Health Centre
Appointments & Drop-Ins welcome.

4 **GED PREP**
9:00AM-12:00PM
Sipekne'katik Administrative Building

4 **CHRISTMAS TREE LIGHTING**
6:00PM
In front of Little Eagles Daycare 

4 **CHRISTMAS DISBURSEMENT**

4 **SENIOR ICE TIME**
10:00PM
Don Henderson Memorial Sportsplex 

5 **BLOODWORK CLINIC**
By appointment only.
Sipekne'katik Health Centre

5 **BEADING CLASS**
6:00PM-9:00PM
Sipekne'katik Administrative Building
Pre-Registration required.

6 **ELDERS GROUP**
11:30AM-1:00PM
Sipekne'katik Health Centre

7 **GED PREP**
9:00AM-12:00PM
Sipekne'katik Administrative Building

7 **DENTAL HYGIENE**
By appointment only.
Sipekne'katik Health Centre

7 **CHRISTMAS CASINO NIGHT**
6:00PM-11:00PM
Sipekne'katik Multi-Purpose Centre
This is an 18+ event. 

8 **BABY & ME**
10AM-12PM
Aboriginal Head Start Building

9 **SNOW MUCH FUN CHILDRENS CHRISTMAS EVENT**
12:00PM-1:00PM Low Sensory
1:00PM-4:00PM Everyone Welcome
Sipekne'katik Multi-Purpose Centre
This event is for ages 12 and under. 

9 **HOCKEY SKILLS SESSION**
2:00PM-3:20PM
Don Henderson Memorial Sportsplex

11 **GED PREP**
9:00AM-12:00PM
Sipekne'katik Administrative Building

12 **BLOODWORK CLINIC**
By appointment only.
Sipekne'katik Health Centre

12 **BEADING CLASS**
6:00PM-9:00PM
Sipekne'katik Administrative Building
Pre-Registration required.

13 **HOME MAINTENANCE DISBURSEMENT**
For on reserve heads of households.

13 **ELDERS GROUP**
11:30AM-1:00PM
Sipekne'katik Health Centre

13 **SOCIAL CLIENT CHEQUE PICKUP**
9:00AM-4:00PM
Sipekne'katik Band Office Pick Up Window

14 **DENTAL HYGIENE**
By appointment only. 

14 **SPECIALTY HOCKEY PROGRAM**
For those with diverse needs.
3:30PM-4:00PM
Don Henderson Memorial Sportsplex

15 **BABY & ME**
10AM-12PM
Aboriginal Head Start Building

16 **HOCKEY SKILLS SESSION** 
2:00PM-3:20PM
Don Henderson Memorial Sportsplex

18 **SENIOR ICE TIME**
10:00PM
Don Henderson Memorial Sportsplex. 

19 **BLOODWORK CLINIC**
By appointment only.
Sipekne'katik Health Centre

19 **BEADING CLASSES**
6:00PM-9:00PM
Sipekne'katik Administrative Building
Pre-Registration required.

19 **STUDENT INCENTIVES RELEASED**

20 **ELDERS GROUP**
11:30AM-1:00PM
Sipekne'katik Health Centre

20 **LAST DAY OF SCHOOL**

20 **LAST DAY BEFORE HOLIDAY FOR ADMINISTRATIVE BUILDINGS**

20 **LAST DAY TOBACCO SHOP IS OPEN BEFORE HOLIDAYS.**

21 **DENTAL HYGIENE** 
By appointment only.
Sipekne'katik Health Centre

21 **SPECIALTY HOCKEY PROGRAM**
For those with diverse needs.
3:30PM-4:00PM
Don Henderson Memorial Sportsplex

27 **SOCIAL CLIENT CHEQUE PICKUP**
9:00AM-1:00PM
Sipekne'katik Band Office Pick Up Window

27 **TOBACCO SHOP OPEN**
9:00Am-1:00PM
Sipekne'katik Band Office

Additional holiday hours, closures, and reopening dates can be found on the next page. 

*Please be aware that events, dates, and times may be subject to change. Events may be added after the publication of this newsletter or may be cancelled due to reasons beyond our control.

The best way to stay up-to-date on all things Sipekne'katik is downloading the Sipekne'katik Smoke Signals app.

**LAST DAY OF
GED PREP
DECEMBER 14TH**
**RESUMES ON
JANUARY 9TH**

**LAST DAY OF
AFTER THE BELL
DECEMBER 15TH**

**CHRISTMAS
DISBURSEMENT
DECEMBER 4TH**

APPLICATIONS RECEIVED
AFTER DECEMBER 4TH
PAYMENTS WILL BE ISSUED
EACH FRIDAY

APPLICATION DEADLINE
JANUARY 31ST, 2024

PLEASE NOTE THERE IS NO PICK UP OPTION
WHEN RECEIVING YOUR CHRISTMAS
DISBURSEMENT VIA CHEQUE.
ALL CHEQUES WILL BE MAILED.

Sipekne'katik
Prevention Program



Community Survey

Complete this survey
for a chance to win a
\$50 Sobeys Gift Card.



<https://www.surveymonkey.com/r/CX2FTBQ>

**SIPEKNE'KATIK
FITNESS CENTRE
CLOSED ON
CHRISTMAS EVE
CHRISTMAS DAY
BOXING DAY
NEW YEARS EVE**

**EVENING RECREATION
CLOSED ON
CHRISTMAS EVE
CHRISTMAS DAY
BOXING DAY
NEW YEARS EVE
NEW YEARS DAY**

**LAST DAY FOR
TOBACCO SHOP
DECEMBER 20TH**

**OPEN ON
DECEMBER 27TH
FROM 9AM-1PM**



**SIPEKNE'KATIK
ADMINISTRATIVE BUILDINGS
CLOSED
DECEMBER 21ST TO
JANUARY 1ST**

**SOCIAL CHEQUE
PICK UP
DECEMBER 27TH
FROM 9AM-1PM**

**THEIR WILL BE
NO DIABETES CLINIC
IN DECEMBER
NEXT CLINIC IS
JANUARY 25TH**

NEVER MISS AN UPDATE

Download Sipekne'katik Smoke Signals App
to receive up-to-date information
as soon as it's available.

Community Events • News & Updates
Job Postings • Documents

Scan the QR Code or visit the App Store
or Google Play Store and search
'Sipekne'katik Smoke Signals'

Tap 'Register' under 'Member Login', fill out your
information and press 'Register'.

Click the verification link sent to your email.



HOLIDAY EVENTS

Seniors Christmas Dinner

December 1, 2023

The Sipekne'katik Health Centre invite you to the Seniors Christmas Dinner. This is for ages 55+ plus caregiver (if needed).
NO Children

Entertainment for the evening will be "The Relatives". This will be at the Sipekne'katik Community Centre.

Dinner and Dance 5:00pm-10:00pm
Door will open at 4:30pm.



Sponsored by Mental Wellness & Addictions

Christmas Casino Night

THURSDAY, DECEMBER 7TH, 2023
Sipekne'katik MULTI-PURPOSE CENTRE
6:00PM-11:00PM | AGES 18+

ENTRY: DONATION OF HYGIENE PRODUCTS FOR Sipekne'katik FOOD BANK WELCOME BUT NOT REQUIRED

Christmas Casino Night | Ages 18+
December 7th, 2023 | 6:00PM-11:00PM
Sponsored by Sipekne'katik Education Department, Sipekne'katik Health Department, and Native Employment.

Sipekne'katik CHRISTMAS LIGHTS
PLEASE HAVE YOUR OUTDOOR CHRISTMAS LIGHTS ON AT 6:00PM ON TUESDAY, DECEMBER 19TH.

NAMES OF PARTICIPANTS WILL BE GOING INTO A DRAW. THE DRAW WILL BE TAKING PLACE THE FOLLOWING MORNING.

PRIZES CAN BE PICKED UP AT THE Sipekne'katik HEALTH CENTRE.

PRIZES PROVIDED BY Sipekne'katik MENTAL WELLNESS & ADDICTIONS.

SNOW MUCH FUN
CHILDRENS CHRISTMAS CELEBRATION FOR AGES 12 AND UNDER
SATURDAY, DECEMBER 9TH, 2023
12:00PM-1:00PM LOW SENSORY | 1:00PM-4:00PM
FESTIVE FUN ACTIVITIES · SANTA CLAUS GIFTS · LIGHT REFRESHMENTS
Sipekne'katik MULTIPURPOSE CENTER
185 SESAME STREET, INDIAN BROOK NS B0N 2H0

Snow Much Fun | Ages 12 and Under
December 9th, 2023 | 1:00PM-4:00PM
Low Sensory time from 12:00PM-1:00PM
Sponsored by Sipekne'katik Fitness & Recreation, Sipekne'katik Education Department, and Sipekne'katik Prevention Program.

Sipekne'katik Youth CHRISTMAS PARTY
DECEMBER 11TH, 2023
5-9PM
PLAYDIUM
21 Cabela Rd, Dartmouth, NS
AGES 12-18
Food, Prizes, & Fun!
Travel will be provided

Youth Christmas Event | Ages 12-18
December 11th 2023 | 5:00PM-9:00PM
Sponsored by Sipekne'katik Youth Department, Sipekne'katik Wellness Department and Sipekne'katik Health Department.

ANNUAL CHRISTMAS TOY DRIVE
WE ARE ASKING STAFF FOR DONATIONS OF TOYS AND GIFT CARDS TO FILL THE STOCKING IN THE BAND OFFICE RECEPTION AREA
Tickets on the stocking will be sold for \$200 each, or 3 for \$500. All proceeds will go to a charity within the community and the winner will take home the toys!
Last years winner was Shenisa Augustine, and all proceeds from ticket sales went to the Food Bank, Angel Tree, and Children's Christmas Party!

It's time again for the...
CLAYTON PAUL CHRISTMAS SHOW on Shubie FM
Join Clayton's Christmas Crew on Saturday, December 16 from 5:00-8:00 at the Shubie FM Radio Station!
Get your photo with Santa, enjoy a snack, and sing some carols with us on the radio!
A special thank you goes to The Wolfpack Annual Memorial Ride for Clayton for making this show possible.
Sipekne'katik RADIO CIPU 97.1 FM BE TOUGH WITH ALL NATIONS

Shubie FM will soon be available online! Stay tuned for updates.

FIRST ANNUAL Sipekne'katik TREE LIGHTING
DECEMBER 4TH AT 6:00PM
IN FRONT OF LITTLE EAGLES DAYCARE

NEW YEARS EVE FIREWORKS
DECEMBER 31ST AT 8:00PM
LLOYD PAUL MEMORIAL BALL FIELD



Happy Birthday

DECEMBER 2ND
HAPPY BIRTHDAY TO VELVET PAUL
 FROM THE TEAMS AT EASTERN WOODLAND PRINT COMMUNICATIONS & MI'KMAQ-MALISEET NATIONS NEWS

DECEMBER 9TH
HAPPY BIRTHDAY CHERIE MARIE BROOKS
 &
COUNCILLOR JUSTIN JOHNSON

DECEMBER 11TH
HAPPY BIRTHDAY IMELDA BROOKS
 FROM YOUR SON BARRY & FAMILY

DECEMBER 12TH
HAPPY 16TH BIRTHDAY TO TITUS BROOKS
 LOVE MOM, DAD, AND FAMILY.

DECEMBER 12TH
HAPPY 11TH WEDDING ANNIVERSARY TO SHEILA & GARY JOSEPH NEVIN

DECEMBER 16TH
HAPPY BIRTHDAY TROY LANE

DECEMBER 16TH
HAPPY 25TH BIRTHDAY EMMA PAUL
 LOVE MOM, DAD & FAMILY

DECEMBER 20TH
HAPPY BIRTHDAY BURT SYLLIBOY

DECEMBER 25TH
HAPPY BIRTHDAY RITA SACK JAKERIA MALONEY SOPHIA GEHUE

DECEMBER 31ST
HAPPY BIRTHDAY EMMA TAPPER

These birthday messages have been submitted to The Sipekne'katik Spotlight by friends, family, and associates of the recipients.

THE POSSE PROJECT DECEMBER OFFERINGS

DECEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	29	30	1	2	3
4	5 YMCA - Intercultural Approach to Gender-Based Violence	6 YMCA - Intercultural Approach to Gender-Based Violence	7 YMCA - Intercultural Approach to Gender-Based Violence	8	9 Emergency First Aid - WINDSOR	10
11	12 E-Fry G.A.T.E	13 Cooking with Chef Dom!	14 E-Fry G.A.T.E	15 POSSE OFFICE CLOSED	16 CLOSED	17 CLOSED
18 CLOSED	19 CLOSED	20 CLOSED	21 CLOSED	22 CLOSED	23 CLOSED	24 CLOSED
25 CLOSED	26 CLOSED	27 CLOSED	28 CLOSED	29 CLOSED	30 CLOSED	31 CLOSED



Important Info:

LOCATIONS:

WINDSOR: 61 MORISON DRIVE, UPPER ENTRANCE 6PM-9PM

SIPEKNE'KATIK: 185 SESAME ST, REC CENTER 5PM-8PM

SACKVILLE: THE DEN, LOWER LVL LIBRARY 6PM-9PM

CASH PRIZE DRAWS EACH SESSION

SNACKS PROVIDED!!

AVAILABILITY AND TRAINING TIME SUBJECT TO CHANGE

To learn more about The Posse Project, their mission, and their offerings visit them online at



posseproject.ca



POSSE Project



WINTER COLLECTION DAYS

DECEMBER							JANUARY							FEBRUARY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2	1	2	3	4	5	6					1	2	3	
3	4	5	6	7	8	9	7	8	9	10	11	12	13	4	5	6	7	8	9	10
10	11	12	13	14	15	16	14	15	16	17	18	19	20	11	12	13	14	15	16	17
17	18	19	20	21	22	23	21	22	23	24	25	26	27	18	19	20	21	22	23	24
24	25	26	27	28	29	30	28	29	30	31				25	26	27	28	29		
31																				

Digital Versions of the collection day schedule, the waste sorting guide, winter bin tips, and more can be found in the 'Documents' section of the Sipekne'katik Smoke Signals app.

NOTES: Each household is permitted **1 black AND** up to **5 clear** bags of garbage weekly and must be at the curbside by 7 am.

Organic bins will be picked up bi-weekly and must be at the curbside by 7am.

Each household must have **clear OR blue** bags of **SORTED** biweekly recyclables and **recyclables** must be at the **curbside by 7am.**

Electronics Collection

Sipekne'katik First Nation

Dec. 6, 2023



Mi'kmaewey Green Communities Program

Collection of unwanted electronics

- Set electronics out on Dec. 3, so they aren't missed.
- Place at the end of your driveway.



Department of Community Services and Infrastructure
cmmns.com



Winter Bin Care

Tips for taking care of your bins this winter.

- Make sure the lids stay closed when not in use, to keep out rain and snow
- Relocate bins and racks for snow removal
- Use caution when moving your bins for pick up, to prevent them from falling into traffic
- Secure the bins to rack with the bungee cord provided
- If there is high wind, move the bins next to the house or shed
- Make sure all items are properly bagged
- If the lid freezes, avoid forcing it open, use a small amount of rubbing alcohol to unfreeze. Do not use hot water!
- Wrap moist compost in newspaper or cardboard (cereal boxes) to prevent your organic material from freezing to the bottom
- Line your green bin to prevent material from freezing.
- Great materials include: pizza boxes, newspaper, or leaves.

GET YOUR ROLL CARTS STORM READY



- Ensure roll carts are secured to rack with bungee cords.
- All items in and around roll carts should be bagged - loose items may be picked up by the wind and become litter.
- In cases of extreme wind, rack and roll carts can be moved against your house or shed if possible.



Questions? Contact Ashley at acopage@cmmns-denr.ca

Any questions and concerns can be directed to Sipekne'katik Operations & Maintenance Department.



MEMBERS OF

SIPEKNE'KATIK FIRST NATION

NEVER MISS AN UPDATE

GET THE APP

The app uses state-of-the-art technology to notify SFN members of breaking news, documents, videos, and events, instantly delivered via push notifications.



HOW TO GET THE APP

- 1 Scan the QR code above or visit the App Store or Google Play Store and Search 'Sipekne'katik Smoke Signals'
- 2 Tap 'Register' under 'Member Login'
- 3 Fill out your information and press 'Register'
- 4 Click the verification link in your email address

- NEWS
- EVENTS
- SURVEYS
- JOB OPENINGS

Download the free app today