

Inaugural Issue KEPTEKEWIKU'S 2023

A WORD FROM CHIEF MICHELLE GLASGOW

Kwe' Sipekne'katik,

We are very excited to be launching our monthly community newsletter, Sipekne'katik Spotlight. This initiative highlights our commitment to enhancing communication with all band members. We hope you find it relevant, informative, and entertaining. We welcome and encourage your ideas for future issues.

Chief Michelle Glasgow

We want to hear from you!

Let us know what you would like to see in upcoming issues by contacting our Sipekne'katik Communications Department.

communications@sipeknekatik.ca



Sipekne'katik Cenotaph | 601 Church Street

NEVER MISS AN UPDATE

Download Sipekne'katik Smoke Signals App to receive up-to-date information as soon as it's available.

Community Events • News & Updates
Job Postings • Documents

Scan the QR Code or visit the App Store or Google Play Store and search 'Sipekne'katik Smoke Signals'

Tap 'Register' under 'Member Login', fill out your information and press 'Register'.

Click the verification link sent to your email.



READ MORE





- 1** ELDERS GROUP
11:30AM-1:00PM
Sipekne'katik Health Centre
- 1** MI'KMAQ LANGUAGE CLASSES
with Curtis Michael
Pre-registration required.
6:00PM-8:00PM
Sipekne'katik Administration Building
- 2** DENTAL HYGIENE
By appointment only.
Sipekne'katik Health Centre
- 2** KIDS IN THE KITCHEN
Must register in advance.
4:00PM-6:00PM
Sipekne'katik Health Centre
- 3** BABY & ME
10AM-12PM
Aboriginal Head Start Building
- 6** MI'KMAQ LANGUAGE CLASSES
with Curtis Michael
Pre-registration required.
6:00PM-8:00PM
Sipekne'katik Administration Building
- 7** BLOODWORK CLINIC
By appointment only.
Sipekne'katik Health Centre
- 8** ELDERS GROUP
11:30AM-1:00PM
Sipekne'katik Health Centre
- 8** MI'KMAQ LANGUAGE CLASSES
with Curtis Michael
Pre-registration required.
6:00PM-8:00PM
Sipekne'katik Administration Building
- 9** DENTAL HYGIENE
By appointment only.
Sipekne'katik Health Centre
- 9** COHI SCREENING
Aboriginal Head Start Building
- 9** KIDS IN THE KITCHEN
Must register in advance.
4:00PM-6:00PM
Sipekne'katik Health Centre
- 10** BABY & ME
10AM-12PM
Aboriginal Head Start Building
- 10** COVID-19 & INFLUENZA
IMMUNIZATION CLINIC
Walk In Only. 9:00AM-3:00PM.
Sipekne'katik Health Centre
- 11** SMA'KNIS NA'KWEKKM CEREMONY
9:30AM-11:30AM
Sipekne'katik Cenotaph

- 12** 4TH ANNUAL CHRISTMAS
CRAFT FAIR
10:00AM-6:00PM
Sipekne'katik Community Centre
- 13** MI'KMAQ LANGUAGE CLASSES
with Curtis Michael
Pre-registration required.
6:00PM-8:00PM
Sipekne'katik Administration Building
- 14** BLOODWORK CLINIC
By appointment only.
Sipekne'katik Health Centre
- 15** ELDERS GROUP
11:30AM-1:00PM
Sipekne'katik Health Centre
- 15** MI'KMAQ LANGUAGE CLASSES
with Curtis Michael
Pre-registration required.
6:00PM-8:00PM
Sipekne'katik Administration Building
- 16** DENTAL HYGIENE
By appointment only.
Sipekne'katik Health Centre
- 16** CHRONIC DISEASE
MANAGEMENT IMMUNIZATION
CLINIC
Sipekne'katik Health Centre
- 16** KIDS IN THE KITCHEN
Must register in advance.
4:00PM-6:00PM
Sipekne'katik Health Centre
- 17** BABY & ME
10AM-12PM
Aboriginal Head Start Building
- 17** 6V6 VOLLEYBALL TOURNAMENT
5:00PM
Sipekne'katik Community Centre
- 18** 6V6 VOLLEYBALL TOURNAMENT
10AM
Sipekne'katik Community Centre
- 19** 6V6 VOLLEYBALL TOURNAMENT
10AM
Sipekne'katik Community Centre
- 20** MI'KMAQ LANGUAGE CLASSES
with Curtis Michael
Pre-registration required.
6:00PM-8:00PM
Sipekne'katik Administration Building
- 21** BLOODWORK CLINIC
By appointment only.
Sipekne'katik Health Centre
- 22** ELDERS GROUP
11:30AM-1:00PM
Sipekne'katik Health Centre

- 22** MI'KMAQ LANGUAGE CLASSES
with Curtis Michael
Pre-registration required.
6:00PM-8:00PM
Sipekne'katik Administration Building
- 23** DENTAL HYGIENE
By appointment only.
Sipekne'katik Health Centre
- 24** MAWIO'MI'I'I
9:00AM-4:00PM
Sipekne'katik Community Centre
- 24** BABY & ME
10AM-12PM
Aboriginal Head Start Building
- 27** MI'KMAQ LANGUAGE CLASSES
with Curtis Michael
Pre-registration required.
6:00PM-8:00PM
Sipekne'katik Administration Building
- 28** BLOODWORK CLINIC
By appointment only.
Sipekne'katik Health Centre
- 28** PEDIATRIC CLINIC
By appointment only. Referral
required.
Sipekne'katik Health Centre
- 29** CAREER EXPLORATION
WORKSHOP
9:00AM-12:00PM
Sipekne'katik Administration Building
- 29** ELDERS GROUP
11:30AM-1:00PM
Sipekne'katik Health Centre
- 29** MI'KMAQ LANGUAGE CLASSES
with Curtis Michael
Pre-registration required.
6:00PM-8:00PM
Sipekne'katik Administration Building
- 30** DIABETES CLINIC
By appointment only.
Sipekne'katik Health Centre
- 30** DENTAL HYGIENE
By appointment only.
Sipekne'katik Health Centre

*Please be aware that events, dates, and times may be subject to change. Events may be added after the publication of this newsletter or may be cancelled due to reasons beyond our control.

The best way to stay up to date on all things Sipekne'katik is downloading the Sipekne'katik Smoke Signals app.



CARL DAVID ADEMA
JOHN HAROLD ADEMA
RONNIE AUGUSTINE
PETER NOEL BARNABY
MAXIMUS BASQUE
WILFRED BASQUE
DAVID BERNARD
JIMMY BERNARD
LOUIS BERNARD
JOHN ANDREW BERNARD
MICHAEL BRADLEY
JAMES BROOKS
LEONARD J. BROOKS
LOUIS ISAAC BROOKS
RAYMOND BROOKS
RUSSELL BROOKS
STANLEY BROOKS
JOHN ALEXANDER PAUL JR. BROOKS
JOHN BENJAMIN BROOKS JR.
MICHAEL CAMPBELL
PRESTON COPAGE
RUFUS COPAGE
RUFUS C. COPAGE
WILLIAM BILLY COPAGE
JOHNNY DOYLE
TERRY DREW
WILLIAM DUNCAN
ANDREW FRANCIS
BARNEY FRANCIS
BRIAN JOSEPH FRANCIS
CHARLES FRANCIS
CHARLES C. FRANCIS
CHARLES WILLIAM FRANCIS
JAMES PETER FRANCIS
JAMES WILFRED FRANCIS
STEPHEN JOHN FRANCIS
JAMES ALEXANDER GEHUE
STEPHEN ANTHONY GEHUE
WILLIAM JOSEPH GEHUE
DONALD GLOADE
HAROLD W. GLOADE
JAMES THOMAS GLOADE
JOSEPH GLOADE
JIMMY GLOADE
ROSE BEATRICE GLOADE
RYAN JOHN HAMILTON
ERNEST HOWE
GORDON HOWE
MARK HOWE
ANDREW JULIAN
EDWARD JULIAN
JOHN JACOB JULIAN
JOSEPH JAMES JULIAN
PETER JULIAN
ALAN CURTIS KNOCKWOOD
ALBERT KNOCKWOOD
HENRY KNOCKWOOD
NOEL RAYMOND KNOCKWOOD
PATRICK KNOCKWOOD
RALPH ISAAC KNOCKWOOD
RONALD BERNARD KNOCKWOOD

STEPHEN KNOCKWOOD
STEPHEN JOHN KNOCKWOOD
STUART KNOCKWOOD
FREEMAN DOUGLAS KNOCKWOOD
FREEMAN B. KNOCKWOOD
PETER KNOCKWOOD
JOHN BERNARD LEWIS
JOSEPH L. LEWIS
ALONZO MALONEY
ALFRED LEO MALONEY
JOHN 'JACKIE BOY' MALONEY
LAWRENCE R. MALONEY
PETER MALONEY
THOMAS ALONZO MALONEY
PETER MALONEY
STEPHEN JOSEPH MALONEY
THOMAS ALONZO MALONEY
FRANK J. MARBLE
MARY MARSHALL
CLARENCE MARR
FRANCIS ISAAC MARR
JOHN MARR
FRANK J. MARTIN
ALEXANDER P. MCDONALD
CLARENCE MCDONALD
JOHN A. MCDONALD
MICHAEL MCDONALD
PATRICK G. MCDONALD
CERENA MELCHER
JOSEPH MEUSE
JOE MICHAEL
NOEL MICHAEL
STEPHEN MICHAEL
BENJAMIN MORRIS
LOUIS DENNIS MORRIS
ANDREW PAUL
ELDON PAUL
FRANK PAUL
JOAN MARIE PAUL
JOSEPH ALLISON PAUL
LEANDER PAUL
LEO MICHAEL PAUL
LEONARD J. PAUL
LEVI PAUL
MICHAEL F. PAUL
MICHAEL J. PAUL
ROBERT PAUL
ROBERT R. JOSEPH PAUL
SIMON PAUL
MICHAEL PERRY
JAMES SILVI PICTOU
JOHN BENJAMIN PICTOU
PETER F (TONEY) PIERRO
PETER ROBINSON
DEANNE SACK
EARL BENEDICT SACK
JOE SACK
LEVI SACK
LOUIS SACK
RICHARD SACK

JOSEPH TERRANCE SACK
WILLIAM JOHN SACK
LENA (SACK) SEVELAN
JAMES SIMON
JOHN NEWELL SIMON
ISAAC SYLLIBOY
JOHN THOMAS SYLLIBOY
JOSEPH LEVI SYLLIBOY
MICHAEL SYLLIBOY
NOEL MORRIS SYLLIBOY
THOMAS PETER SYLLIBOY
HUGH CAMERON TAYLOR
FRANK THOMAS
BRETT TONEY
JOSEPH TONEY
JOSEPH DAVID TONEY
THOMAS LESATER TONEY
VINCENT JEROME TONEY
DARREYL TRACEY
FRANCIS (FRANK) WIGHTLEY
JOHN NORMAN WILLIAMS

*This list has been compiled collaboratively by Sipekne'katik Education Department and Sipekne'katik Wellness Department by using information provided by Sipekne'katik Community members.

If you have a veteran that you would like added to the Sipekne'katik Veterans list you can do so by contacting Velvet Paul - Director of Education by email at vpaul@sipeknekatik.ca or by phone at 902.236.3024. Information required: a photo of the veteran, the correct spelling of their name, and the service they were in.



Digital copies of the Sipekne'atik 2023 Veterans banners can be viewed in perpetuity by visiting www.sipeknekatik.ca/media-centre

On behalf of Sipekne'katik First Nation we would like to extend our deepest thanks and appreciation to all of the employees that make our community possible.

On October 26th, 2023 over 150 Sipekne'katik First Nation employees gathered at Tidal Bore Rafting Resort for the Annual Employee Appreciation event.



From left to right: Austin Young - IT Support Specialist, Erica Busby - Youth Manager, Benjamin McDonald - ASHOR Custodian, Rita Sack - Recreation & Sports Manager, Mike MacDonald - Treaty Fisheries Manager, Logan Gehue - Recreation Manager, Trey Sack - Health Centre Security, and Virginia Michael - Social Development Administrator.



From left to right: Janet Paul - Executive Assistant to Director of Operations, Winter Sack - Human Resources Officer, and Mallory Wilcox - Minute Taker for Chief & Council.



Janice Poulette (Right) - Social Case Manager and Toby Robert (Left) stole the show for the Costume Contest.



BINGO!

Stuart Knockwood - Director of Administration leads some games of Bingo with employees.



From left to right: Philomena Simon - Medical Receptionist, Peggy O'Reilly - Community Health Nurse, Kathleen Wells - Home & Community Nurse, and Jenny Rose - Home Care Worker.



Tidal Bore Rafting Resort

Est. 1985



EXPERIENCE TIDAL BORE RAFTING

ONE OF THE TOP FIVE RIVERS IN CANADA TO EXPERIENCE RAFTING. TIDAL BORE RAFTING RESORT HAS 38 YEARS EXPERIENCE IN OFFERING A VARIETY OF TRIPS AND ADVENTURES TO NOVA SCOTIANS AND TOURISTS ALIKE.

TIDAL BORE RAFTING EXPERIENCES AVAILABLE FROM MAY 1ST - OCTOBER 31ST

COZY UP IN A COTTAGE

A SELECTION OF PINE AND CEDAR COTTAGES AND CHALETs AVAILABLE FOR YOUR ENJOYMENT. YEAR ROUND NIGHTLY & WEEKLY RATES AVAILABLE. A LONG LIST OF AMENITIES INCLUDED.



TO LEARN MORE VISIT RAFTINGCANADA.CA



HOST A SPECIAL EVENT

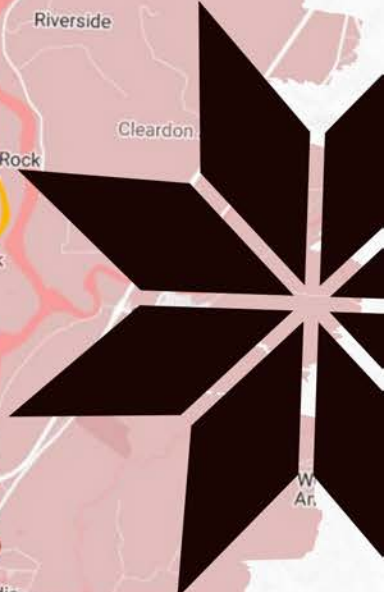
WITH VENUE, ACCOMMODATIONS, AND CATERING AVAILABLE IN ONE PLACE TIDAL BORE RAFTING RESORT IS THE PERFECT PLACE TO REUNITE WITH FAMILY, HOST A RETREAT, OR THROW A WEDDING.



TIDAL BORE RAFTING RESORT
12215 Highway 215, Urbania NS, BON 2H0



Less than 20 minutes from Sipekne'katik.





Approximately 150 Students participated in the annual Trunk or Treat at L'nu Sipuk Kina'muokuom.



Over 300 people attended Clayton's Halloween Haunted House that took place at Tidal Bore Rafting Resort on October 28th, and 29th.

Source - Tabitha Morrison



Greg Marr - Vice Principal
 L'nu Sipuk Kina'muokuom



Officers from Sipekne'katik Dispatch, and employees from various Sipekne'katik Departments gathered to treat our young students.

SIPEKNE'KATIK SHOUT OUTS

Skitekmujuia'timk - Halloween Toqa'q - Fall Keptekewiku's - November
 Mi'kmaq Language Classes with Curtis Michael Every Monday & Wednesday from 6PM-8PM
 Sipekne'katik Administrative Building
 To register contact Shirley Morris by email shirleymorris@sipeknekatik.ca or by phone 902-919-8074.



#SIPEKNE'KATIKPROUD

Sipekne'katik's own Sara-Lynne will be inducted into the Nova Scotia Sports Hall of Fame on Saturday, November 25th.

Sara-Lynne is being recognized for her various accomplishments in the sport of Taekwondo, and for her part in making the 2023 North American Indigenous Games such a success.

Sara-Lynne was also the first woman to be inducted the the Mi'kmaq Sport Hall of fame. Congratulations on your latest accomplishment Sara-Lynne!

Precious Cook & Jaylee Paul spent part of their weekends to help transport community members to and from Clayton's Halloween Haunted House.



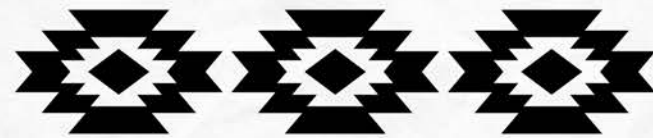
CONGRATULATIONS SARA-LYNNE KNOCKWOOD

Tricia Fultz - Sipekne'katik Membership Clerk and an ISC team helped issue over 150 new status cards to community members over 2 days.

Are you or a loved one celebrating a birthday or anniversary, or receiving an award in the month of **DECEMBER?**

If the answer is yes, and you'd like your milestone featured in the December issue of Sipekne'katik Spotlight send us an email!

communications@sipeknekatik.ca



GI'NUJULTIEG

We are proud.



WELA'LIN

AS SIPEKNE'KATIK CULTURE & HISTORY TEACHINGS CONCLUDE FOR THE SEASON WE WOULD LIKE TO EXTEND OUR THANKS AND GRATITUDE TO ALL INVOLVED.

WELA'LIN TO KEITH JULIAN FOR COORDINATING THESE VALUABLE TEACHINGS, TO ALL WHO TOOK THE TIME TO SHARE THEIR KNOWLEDGE, AND TO THOSE WHO ATTENDED.

MANY THANKS TO OUR PRESENTERS



- DR. ROGER LEWIS**
CULTURAL INTELLIGENCE
- JOE MICHAEL**
CULTURAL AWARENESS, CEREMONIES & HISTORY
- JOEY FRANCIS**
CEREMONIES & ETTIQUITE · VARIOUS TEACHINGS
- BRIAN FRANCIS**
VARIOUS TEACHINGS
- CRYSTAL GLOADE**
HARVESTING PORCUPINE & BIRCHBARK QUILLED CRAFTS
- CURTIS MICHAEL**
MI'KMAQ LANGUAGE & INDIGENOUS STUDIES
- MICHAEL MACDONALD**
MI'KMAQ TREATIES & HISTORY
- ALANNA SYLIBOY**
ETUAPTUMK & NETUKULIMK
- DR. ROGER LEWIS & RON KNOCKWOOD**
SIPEKNE'KATIK DISTRICT GRAND COUNCIL
- JENNIFER DENNY**
REGALIA, DANCES & KOJUA DANCE



MI'WATMEG

We are thankful.

KEEP AN EYE OUT FOR UPCOMING TEACHINGS

SIPEKNE'KATIK

WALTES

TEACHINGS & GAMES
COMING SOON





Source - Brian Knockwood

TREATY DAY

A DAY OF GATHERING, LEARNING, AND TRADITION AT
SIPEKNE'KATIK ARBOUR

SIPEKNE'KATIK YOUTH HUNTING TRIP 2023
CAPE CLEAR



John Peter-Paul and Justin Johnson during the Sipekne'katik Fisheries Department Jakej giveaway.

Source - Keith J. Julian



Community members tried their luck at a variety of competitions in the O'L PA'SN Games, including: Tea Boiling, Four Cents making, Waltes, and Cribbage.



Attendees gather to watch Brandon Maloney & Matthew Maloney demonstrate how to clean and tan Lentuk.



QUILL BOX WORKSHOP WITH CRYSTAL GLOADE & SUMMER PAUL | YOUTH QUILL CAMP WITH CRYSTAL GLOADE

